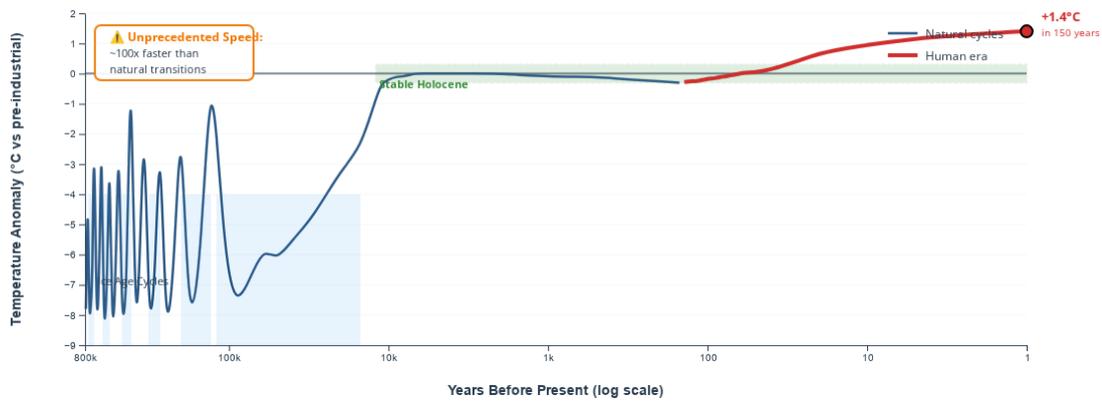


Good morning! Here's your weekly climate update with critical geological context.

800,000 Years of Climate: Natural Cycles vs Current Warming



Temperature reconstruction from Antarctic ice cores (800,000 years) shows regular glacial/interglacial cycles. Current warming (red spike) is unprecedented in speed and direction—rising 100x faster than natural cycles and pushing beyond Holocene stability. Based on EPICA ice core and instrumental temperature data.

[more details →](#)

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